



Topics Include:

Recognizing the signs of abuse

Helping a victim of domestic violence

Characteristics of a batterer and victim

Why victims stay

Recognizing the victim is not to blame

Services available

Cycle of Violence



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Domestic Violence 101:
How to Help a Victim of Domestic Violence



**City of Alliance
Office of the
Law Director**

Did You Know?

1 in ever 4 women will experience domestic violence in her lifetime

An estimated 1.3 million women are victims of physical assault by an intimate partner each year

85% of victims are women

Females who are 20-24 years of age are at the greatest risk of nonfatal intimate partner violence

Almost 1/3 of female homicide victims are killed by an intimate partner

Most cases of domestic violence are never reported to the police

1 in 6 women and 1 in 33 men have experienced an attempted or completed rape

1 in 12 women and 1 in 45 men have been stalked in their lifetime

Source: National Coalition
Against Domestic Violence

Domestic Violence: A Local Epidemic

Over the past several years, there have been a number of domestic violence related deaths in the city of Alliance.

Everyone knows at least one person who needs help as the result of an abusive relationship.

In order to reduce these occurrences, it is important to educate the friends and family of both batterers and victims on the signs of domestic violence and provide tips to help end the cycle of violence.

Kimberly D. Stanley, Executive Director of the Alliance Area Domestic Violence Shelter, and Jennifer L. Arnold, City of Alliance Law Director, will visit your organization to present a program on domestic violence, including signs, tips to end the cycle, and more.

What Is Domestic Violence?

Domestic violence is the willful intimidation, physical assault, battery, sexual assault, and/or other abusive behavior perpetrated by an intimate partner against another. It is an epidemic affecting individuals in every community, regardless of age, economic status, race, religion, nationality or educational background.

Violence against women is often accompanied by emotionally abusive and controlling behavior, and is part of a systematic pattern of **dominance** and **control**.

Domestic violence results in physical **injury**, psychological **trauma**, and sometimes **death**. The consequences of domestic violence can cross generations and last a lifetime.

